

breakfast

(served until 10:00am)

51. Egg Whites & Cheddar

on a buttered wheat skinny bagel (230 cal)

53. Egg Whites, Cheddar & Avocado

on a wheat skinny bagel, three fresh cooked egg whites, cheddar, avocado & lemon aoli (310 cal)

54. 2 Egg & Cheddar Sandwich

on toasted bagel, skinny bagel or ciabatta available with (310-500 cal)

- Niman Ranch sausage, applewood smoked bacon or black forest ham (350-660 cal)

56. 2 Egg Sandwich

on toasted bagel, skinny bagel or ciabatta available with (250-440 cal)

- Niman Ranch sausage, applewood smoked bacon or black forest ham (290-610 cal)

Substitute Egg Whites (70 cal) for .60 extra

*****PLEASE RETURN TO YOUR CASHIER*****

signature sandwiches

café sandwiches

21. Turkey Club

on toasted country white - all natural turkey, cheddar, applewood smoked bacon, tomatoes, mesclun & mayo (610 cal)

23. Caprese V

on ciabatta- fresh mozzarella, tomatoes, arugula & basil pesto (550 cal)
- With all natural Chicken (680 cal)

25. Chipotle Black Bean Burger w/ Avocado V

on ciabatta- chipotle cheddar, caramelized onions, tomatoes & chipotle mayo (690 cal)

28. Black Angus Roast Beef & Herb Cream Cheese

on multigrain baguette- with arugula & tomatoes (520 cal)

32. Chipotle Turkey & Avocado **NEW**

on ciabatta- all natural turkey, chipotle cheddar, fresh avocado, roasted tomatoes, arugula & chipotle mayo (660 cal)

34. Grilled Chicken Avocado

on toasted baguette- all natural chicken, fresh avocado, applewood smoked bacon, tomatoes mesclun, dijon & blue cheese dressing (690 cal)

41. Classic Chicken Salad

on country white - cranberries, almonds, tomatoes & mesclun (450 cal)

43. Roasted Turkey & Swiss

on multigrain baguette - all natural turkey, Swiss, tomatoes & honey pecan spread (740 cal)

44. Tuna Salad

on sliced multigrain - with tomatoes & mesclun (490 cal)

45. Black Forest Ham & Cheddar

on multigrain baguette - with tomatoes & honey mustard (640 cal)

47. Black Angus Roast Beef & Cheddar

on ciabatta - with tomatoes, mesclun, dijon & mayo (510 cal)

48. Grilled Chicken

on ciabatta - with tomatoes, mesclun & lemon aioli (480 cal)

wraps

11. Thai Peanut Chicken

all natural chicken, mesclun, tomatoes, cucumber, carrots, crispy wontons & Thai peanut dressing (550 cal)

12. Southwest Tuna

with chipotle cheddar, romaine, tomatoes & chipotle mayo (710 cal)

13. Grilled Chicken Caesar Asiago

all natural chicken, asiago & Caesar dressing (610 cal)

16. Mediterranean V

hummus, feta, mesclun, tomatoes Kalamata olives, cucumbers & sun-dried tomato spread (620 cal)

17. Napa Chicken With Avocado

all natural chicken, fresh avocado, romaine, tomatoes, cucumbers, lemon aioli & lite shallot vinaigrette (510 cal)

specialty salads

1. Chicken Cobb Avocado

all natural chicken, mesclun, applewood smoked bacon, gorgonzola cheese, tomatoes, cucumbers & sesame ginger dressing (660 cal)

3. Vegetarian Deluxe V

romaine, fire-roasted peppers, Kalamata olives, feta, tomatoes, cucumbers, carrots, chickpeas, red onions & balsamic vinaigrette (450 cal)

4. Grilled Chicken Caesar Asiago

all natural chicken, romaine, asiago, croutons & caesar dressing (540 cal)

5. Thai Peanut Chicken

all natural chicken, mesclun, tomatoes, cucumbers, carrots, crispy wontons & Thai peanut dressing (390 cal)

6. Turkey Apple Brie

fresh spinach, all natural turkey, Brie, Granny Smith apples, dried cranberries, walnuts & maple walnut vinaigrette (630 cal)

8. Tuna Garden

mesclun, cucumbers, tomatoes, carrots, croutons & balsamic (400 cal)

10. Southwest Chicken

marinated chicken, romaine, black beans, roasted corn, fresh avocado, cucumbers, tomatoes, crispy tortilla strips & Southwest vinaigrette (530 cal)

soups

Soup Selection Changes Daily

Seasonal Favorites

Small, Medium and Large sizes available

V Vegetarian

Before placing your order, please inform your server if a person in your party has a food allergy.

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